



Warren S. Johnson Society Newsletter
WSJSociety.com
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3rd Quarter Luncheon
Thursday, October 17, 2024

Alioto's-3041 N. Mayfair Road

NOTE PRICE INCREASE: \$27 per person

11am-Gathering / 12pm-Lunch / 1:00 program

The luncheon selections are:

- Chicken Normandy – boneless chicken breast with homemade bread dressing, gravy and cranberry sauce
- Baked stuffed pork chop with brown gravy, applesauce
- Grilled chicken breast salad with raspberry vinaigrette.

Lunches include a salad with choice of dressing, whipped or buttered new potatoes, Italian bread, and coffee.

Salads are served with soup or fruit cup (in season), Italian bread, coffee. The dessert selection is strawberry sundae.

Lunch is **\$27 per person.**

Please make checks payable to:
WSJ Society.

Checks need to arrive by October 10, 2024

Mail checks to:

WSJ Society
P.O. Box 510105
Milwaukee, WI 53203

Please let us know of any dietary restrictions you may have when making your reservations. Or, contact Jim Pasterczyk, VP Program at 414-764-8609.

PROGRAM

Shoua Vang, MPH
Public Health Specialist
Southwest Suburban Health Dept.

Social isolation is a rising public health issue, and heavily impacts individuals 55 years and older. Social isolation is an objective lack of social connectedness to other people and loneliness is a subjective feeling of a lack of connectedness to other people. Risk factors include mental or physical challenges, relationship changes, retirement, moving, new parents, and limited access to resources.

Southwest Suburban Health Department have services that can help with reducing social isolation.

My role as a public health specialist consists of strategic planning, building partnerships and collaboration with our partners to improve the community health. I also educate the community on harm reduction, like bike helmet safety, or Narcan training. As a specialist, our goals and work center around the community health improvement plan, which focuses on Mental and Behavioral health, Health relationships and community connections, and substance use.